

## the active

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Study strategies were assessed using the Learning and Study Strategies Inventory (LASSI; Weinstein & Palmer, 2002). This instrument assesses study strategies related to technique, motivation, and self-regulation. Subtests and sample items include the following: low anxiety about academic performance (Low Anxiety) ...

REFERENCE: (Schommer-Aikins, M., & Easter, M. (2008). Epistemological beliefs' contributions to study strategies of Asian Americans and European Americans. *Journal of Educational Psychology, 100 (4)*, 920-929.)